



August 31, 2022

New Boston School District and Goffstown School District

2022/2023 SAU19 Covid Emergency Operations Plan – temporary regulation to Policy EBCF – Pandemic-Epidemic Emergencies

This Temporary Regulation to Policy EBCF – Pandemic-Epidemic Emergencies - replaces previous Temporary Regulations adopted by the School Board

Summary of Preventative Measures	Staying Home When Sick	<u>Isolation Requirements COVID Positive</u>	
<p>SAU 19 will continue to follow recommendations from the <a href="#">Centers for Disease Control and Prevention</a> and the NH Department of Health and Human Services.</p> <ul style="list-style-type: none"> <li>SAU 19 will respond to COVID 19 using flexibility to adapt to changing local situations</li> <li>SAU 19 will continue to implement a core set of prevention strategies including ventilation, hand hygiene and respiratory etiquette, and enhanced cleaning protocols as part of our normal business operations</li> <li>CDC Guidance encourages staying up to date with vaccination as it is the leading health strategy to prevent severe disease</li> <li>Individuals shall stay home when sick</li> <li>SAU 19 will continue to make testing available to staff and families until the resources are no longer available</li> <li>Families are encouraged to monitor community levels of COVID-19 transmission</li> </ul>	<p>Individuals who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, runny nose, congestion, headache, sore throat, vomiting, or diarrhea, should stay home.</p> <ul style="list-style-type: none"> <li>Testing is recommended for individuals with symptoms of COVID-19 as soon as possible after symptoms begin</li> <li>If you are sick and suspect you have COVID-19, you should isolate until you have test results, serial testing may be required</li> <li>Students who exhibit symptoms of COVID-19 during the school day may be sent home for testing/ additional evaluation</li> <li>Contact your student’s school nurse to report any suspected COVID-19 symptoms, positive COVID-19 cases, COVID-19 exposure or for additional guidance.</li> </ul>	<p><b>Symptomatic</b></p> <p>Day 0 of isolation is the day of symptom onset, regardless of when you tested positive</p> <p>Stay home for at least 5 days (Day 0 through day 5)</p>	<p><b>No Symptoms</b></p> <p>Day 0 is the day you were tested, If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset</p> <p>Stay home for at least 5 days (Day 0 through day 5)</p>
		<b>Ending Isolation</b>	
		<p>You may end isolation <i>after</i> day 5 if:            You are fever-free for 24 hours (without the use of fever-reducing medication)            Your symptoms are improving</p>	<p>You may end isolation <i>after</i> day 5</p>
		<b>Masking</b>	
<p>After you have ended isolation, wear a well fitting, good quality mask through day 10 or            If you have access to antigen tests, with two sequential negative tests, taken 48 hours apart, you may remove your mask sooner than day 10 (proof of negative tests may be required)</p>			

\*[Symptoms of COVID 19](#): People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms.

- I. Reporting
  - a. SAU19 will comply with any and all NH DHHS and DOE requirements for COVID reporting
- II. Testing
  - a. SAU19 will continue to make COVID-19 testing available to all students and staff as available
- III. Masking
  - a. Masks are still required for an individual from days 6 through day 10 if returning from having COVID-19. The CDC continues to recommend individuals wear a mask if they have been exposed to a positive COVID case for 10 days after last exposure and monitor for symptoms of COVID-19.
  - b. Per CDC guidelines, masks are recommended and may be required for students and staff accessing the nurses offices.
  - c. If guidance from public health officials changes, the Superintendent is authorized to adjust masking requirements accordingly the Superintendent will notify the School Board of any changes with respect to masking.
  - d. Masks or other mitigation measures may be required by the Superintendent if there is clear evidence of school-based uncontrolled transmission (COVID-19 spreading among individuals while in the school setting)
- IV. Identifying and Responding to Outbreaks
  - a. Although not required by NHDHHS, SAU19 will continue to monitor for potential COVID-19 Outbreaks
  - b. SAU19 efforts will focus on uncontrolled transmission and may respond with mitigation measures accordingly
  - c. The Superintendent is authorized to implement [mitigation measures](#) for cohorts or schools as needed to respond to uncontrolled transmission including but not limited to (masking, distancing, cohorting, cleaning/disinfecting, etc.)
    - i. The Superintendent will notify the School Board of any mitigation measures put in place
  - d. SAU19 may contact NHDHHS for additional support and guidance if uncontrolled transmission is suspected

Adopted by New Boston School Board: 08/31/2022

Adopted by Goffstown School Board: 08/29/2022